

First Aid at Work (3 day)

The 3 day First Aid at Work course covers the following topics;

Introduction

What is First Aid

First Aid in the Workplace

Responsibilities of the First Aider

Action in an Emergency

Primary Assessment

Secondary Assessment

Breathing and Circulation

Principles of Resuscitation

Disorders of Respiration/Airway obstruction and breathing orders

Disorders of the Circulation

Wounds and Bleeding

Bites and Stings

Disorders of Consciousness

Foreign Objects

Burns and Scalds

Bones, Joints and Muscle Injuries

Poisoning

Effects of Heat and Cold

Child and Baby Basic Life Support